



Ryukyu Kobudo Shimbukan Seminar

Bo, Sai, Nunchaku, Tekko, and more

Thomas Podzelný 6th Dan, Renshi



Date: February 17th 2023 - February 19th 2023

Kobudo Training at VS Frauenfeld Europaplatz 1 2320 Schwechat

Open for all styles and grades

Seminar fee: 70€ adults, 50€ kids

Friday 17.2.2023

17:00-17:15 opening, welcome
17:15-20:00 Bo Kihon, Kihon Kata I,II

Saturday 18.2.2032

09:00-10:30 Sai Kihon, Kihon Kata I,II
10:30-12:00 Tekko Kihon, Kata
12:00-15:00 Lunch break
15:00-16:30 Bo Kihon + Kata (Shushi-no-kon-sho)
16:30-18:00 Nunchaku Kihon, Kata
19:00 Seminar party @ restaurant in Schwechat

Sunday 19.2.2023

09:00-10:30 Bo Kihon + Kata (Sakugawa-no-kon-sho)
10:30-12:00 Sai Kihon + Kata (Schwerpunkt Chikinshitahaku-no-sai)
12:00-15:00 Lunch break
15:00-16:00 Bo repetition and grading preparation
16:00-17:00 Sai repetition and grading preparation
17:30-18:30 Kyu grading
19:30 Sayonara party location tbd

Contact: R. Zampa +43 660 358 2042 / jundokan@rudi-zampa.at

Organization: Okinawa Goju Ryu Karate-Do Schwechat in cooperation with Österreichischer Karate Bund/Karate Austria and LV Niederösterreich.
The organizers shall not be liable for any material and or personal damage!



Remarks:

- Registration with payment of seminar fee
- Fee to be paid to:
Okinawa Goju Ryu Karate-Do Schwechat IBAN: AT75 12000 10011764874
Please leave remark: Kobudo Schwechat 2023